

A pair of hands, one from an adult and one from a child, are shown holding a small green seedling with soil. The background is white.

Parish Mission
Digging Deep:
A Treasure Hunt Within

Jim Merhaut

www.CoachingToConnect.com




COACHING
to
CONNECT

Practical help for productive relationships

Lay Spirituality Shrine



From self-focus to other-focus

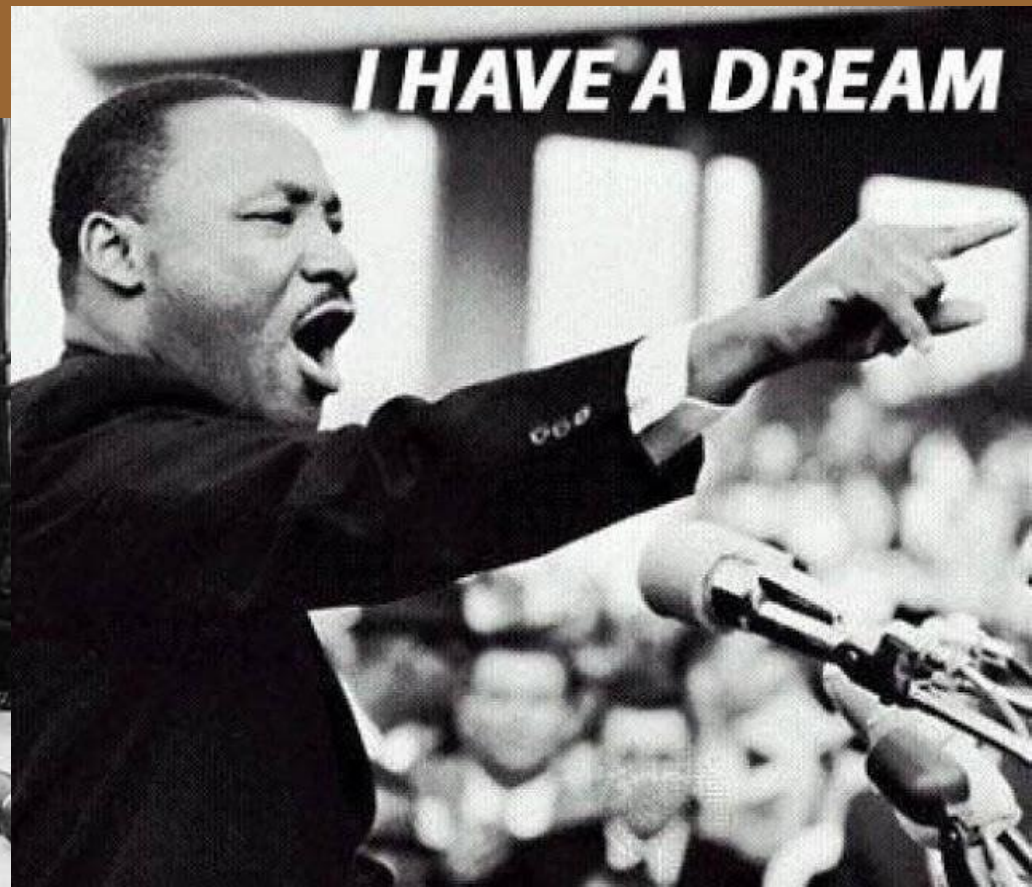
Matthew 22:36-39	Matthew 7:12	Philippians 2:3-4
<ol style="list-style-type: none">1. Love God with all you've got.2. Love your neighbor...3. As yourself.	<p>In everything do to others as you would have them do to you; for this is the law and the prophets.</p>	<p>Do nothing from selfishness or conceit, but in humility count others better than yourselves. Let each of you look not only to his own interests, but also to the interests of others.</p>
		

Evangelization

Sharing our gifts in a way
that makes people wonder
enough to ask questions.

You Are Gifted, Really!

You can't make a difference unless you believe that you are gifted.



YOU ARE BEAUTIFUL PS. 45:11 • YOU ARE UNIQUE PS. 139:13

• YOU ARE LOVED JER. 31:3 • YOU ARE SPECIAL EPH. 2:10 •

YOU WERE CREATED FOR A PURPOSE JER. 29:11 • YOU

ARE CARED FOR EPH. 3:17-19 • YOU ARE LOVELY DAN. 12:3 •

YOU ARE PRECIOUS 1 COR. 6:20 • YOU ARE STRONG PS. 18:35

• YOU ARE IMPORTANT 1 PET. 2:9 • YOU ARE FORGIVEN

PS. 103:12 • YOU ARE A NEW CREATION 2 COR. 5:17 • YOU ARE

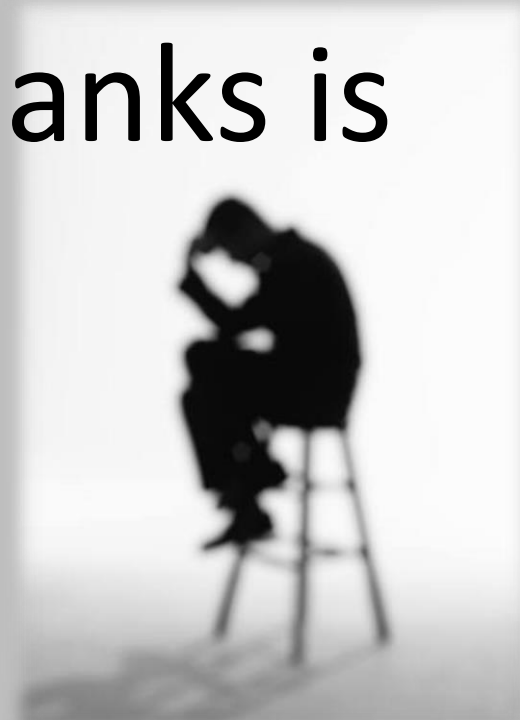
PROTECTED PS. 121:3 • YOU ARE EMPOWERED PHIL. 4:13 •

YOU ARE CHOSEN JN. 15:16 • YOU ARE FAMILY EPH. 2:19

• YOU ARE MINE IS. 43:1 •

Gratitude is a Matter of the Mind

- The root word for mind is “to think”
- The root word for thanks is “to think”



Moving from Rage to Gratitude

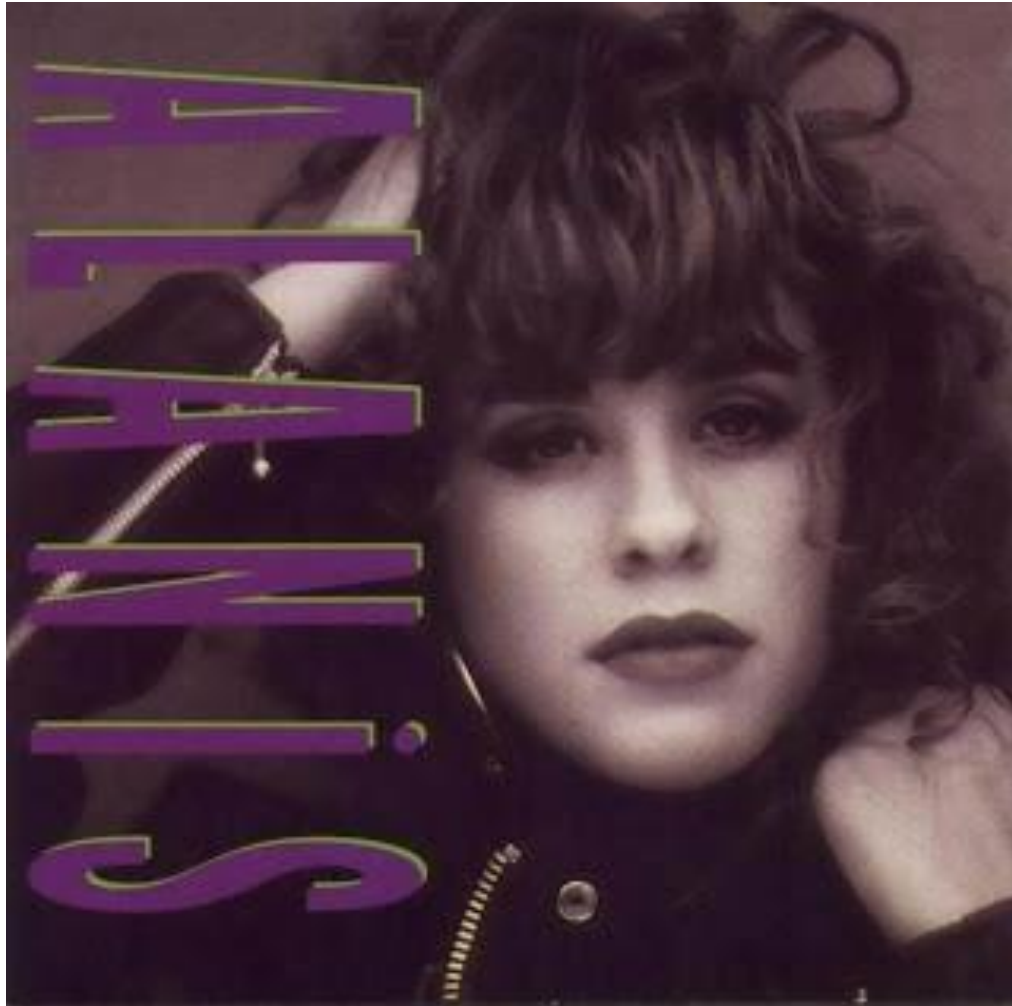
- Alanis Morissette
- Born 1974, Canada



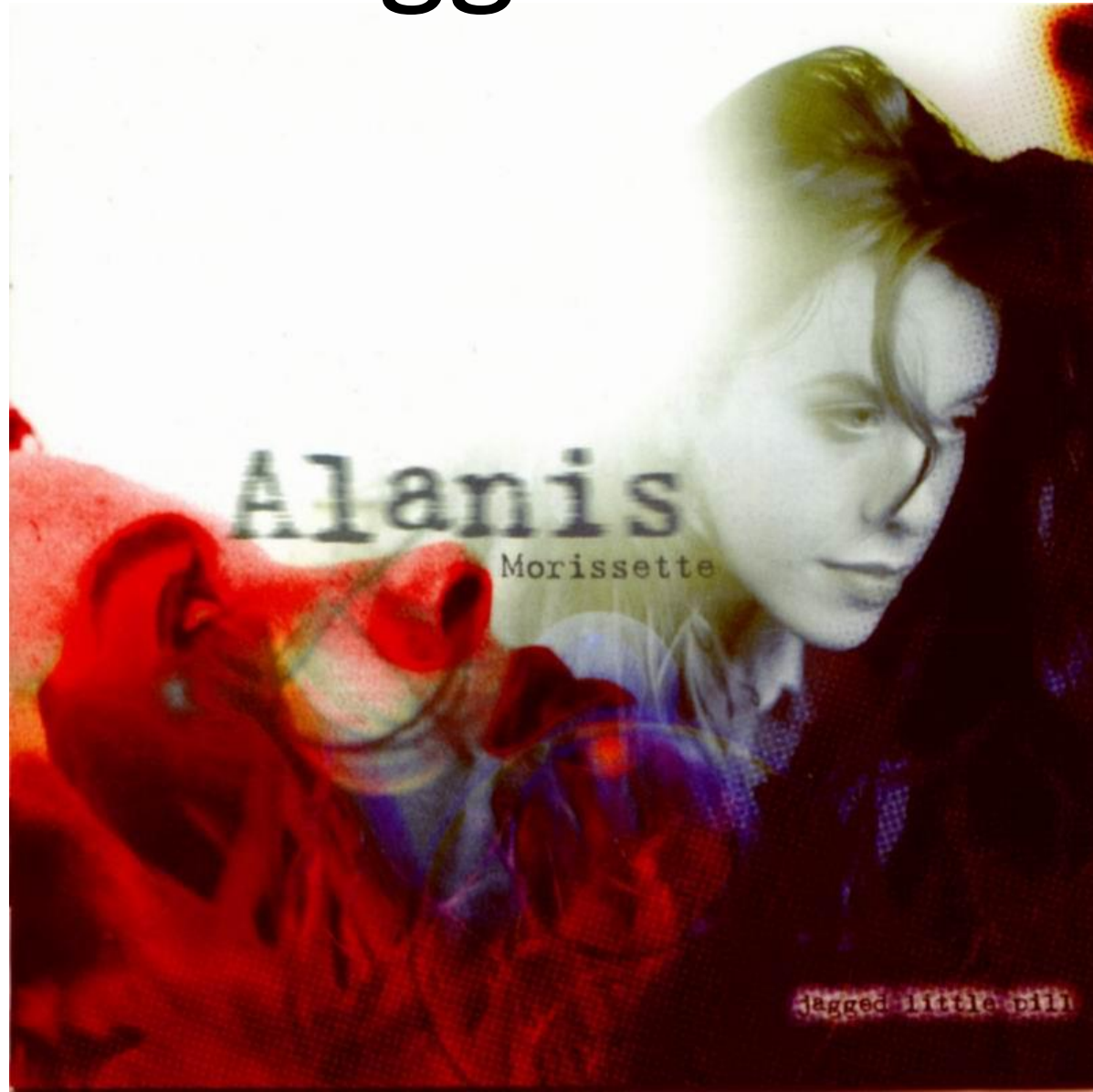
Canadian Kid's TV Show: *You Can't Do that on Television*



1991



1995: Jagged Little Pill



Jagged Little Pill Tour



GUARDIAN ANGEL TOUR 2012

ALANIS MORISSETTE

HAVOC AND
BRIGHT LIGHTS



AUGUST 28

WO 21 NOV

AANVANG 20:00 ZAAL OPEN 19:00
TICKETS €50,00 (EXCL. SERVICEKOSTEN)

POPODIUM
TILBURG



WWW.013.NL VEEMARKTSTRAAT 44 TILBURG

1998: Supposed Former Infatuation Junkie



How bout getting off of these
antibiotics
How bout stopping eating when
I'm full up
How bout them transparent
dangling carrots
How bout that ever elusive kudo

Thank you India
Thank you terror
Thank you disillusionment
Thank you frailty
Thank you consequence
Thank you thank you silence

How bout me not blaming you for
everything
How bout me enjoying the
moment for once
How bout how good it feels to
finally forgive you
How bout grieving it all one at a
time

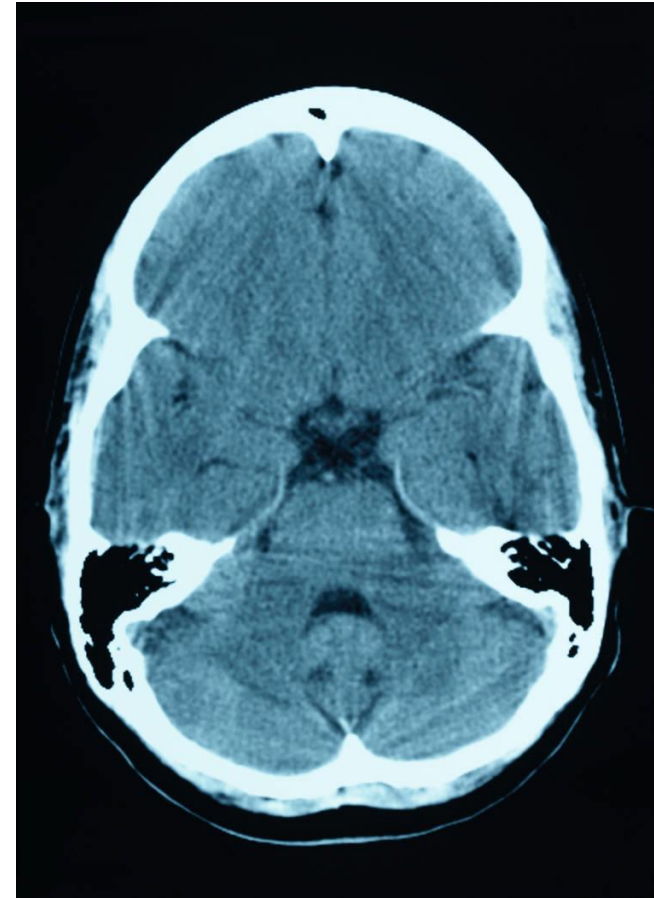
The moment I let go of it was
The moment I got more than I
could handle
The moment I jumped off of it
was
The moment I touched down

How bout no longer being
masochistic
How bout remembering your
divinity
How bout unabashedly bawling
your eyes out
How bout not equating death
with stopping

Thank you India
Thank you providence
Thank you disillusionment
Thank you nothingness
Thank you clarity
Thank you thank you silence

We can change our minds!

- Thoughts physically change our minds.
- Thinking is a physical activity that requires exercise.



Jesus

Elena Merhaut

**St. Francis
of Assisi**

Sarah Merhaut

Gandhi

Joe Kleppner

**Nathan
Merhaut**

Mom

Nick Merhaut

Jim

Patient

Juli Merhaut

Marilyn Barton

Peaceful

Susan Stangl

Dad

Debbie Merhaut

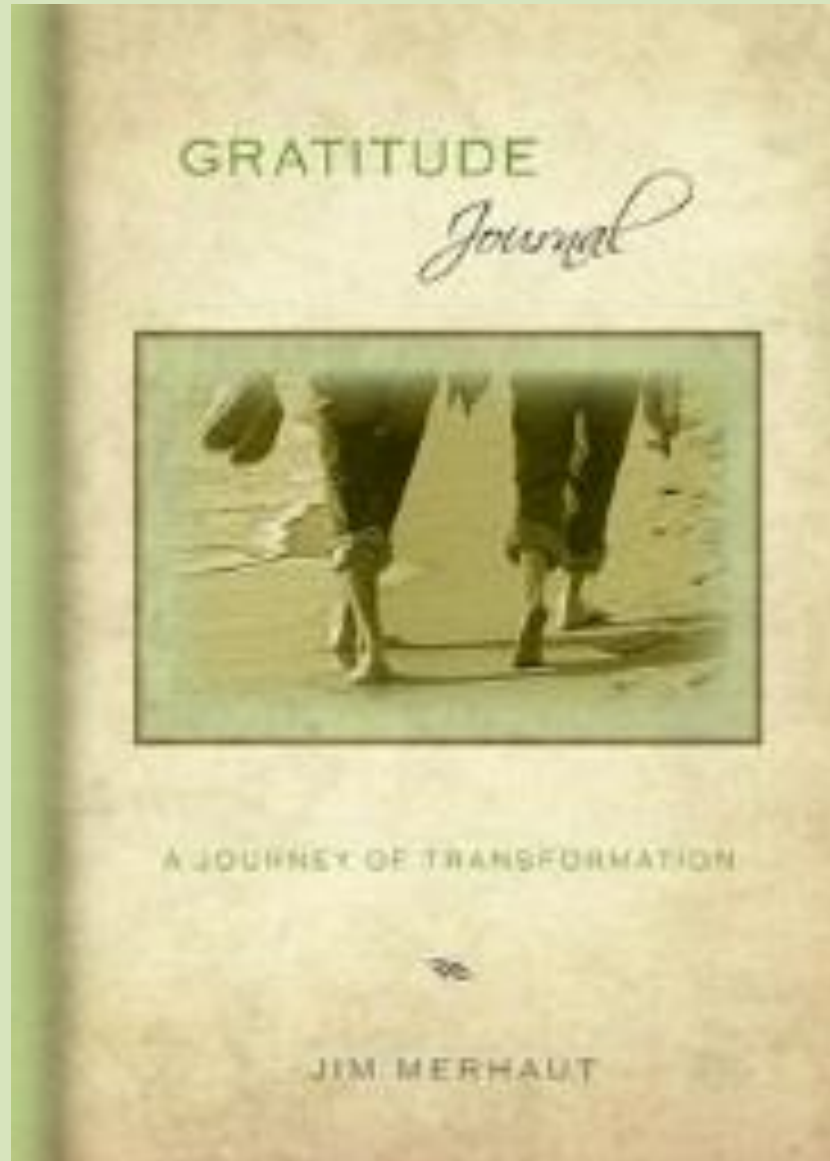
Fr. Stephen Moran

Thomas Merton

Job

St. Therese

Journaling our Gratitude



Why?

“A gift unused is a burden to bear.”

-Bishop Robert Morneau



Select One Gift

- _____ is the gift I will develop in a focused way during this Lenten season and beyond.
- I will thank God each day for those who placed this gift in me and nurtured it in me.
- I will pray each day that this gift will make my family, workplace, and/or friendships better.
- I will develop it so intensely that at least one person will ask me about it.
- When asked, I will say thank you and give God and others credit for giving and nurturing this gift in me.

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God Bless You!

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