



COACHING
to
CONNECT

Practical help for productive relationships

St. Mary, Wooster
2015 Parish Mission

Jim Merhaut

www.CoachingToConnect.com



Holy means to
be set apart.

Holy

“Set apart” or “Separated”

Set apart from sin and
set apart for love.

Holy, Holy, Holy, Lord God Almighty.
Early in the morning, our song shall
rise to thee.

Holy, Holy, Holy, Merciful and Mighty.
God in three persons, Blessed Trinity.

Holy, holy, holy; Lord God Almighty!

All thy works shall praise thy name in earth,
and sky, and sea.

Holy, holy, holy; merciful and mighty!

God in three persons; blessed Trinity!

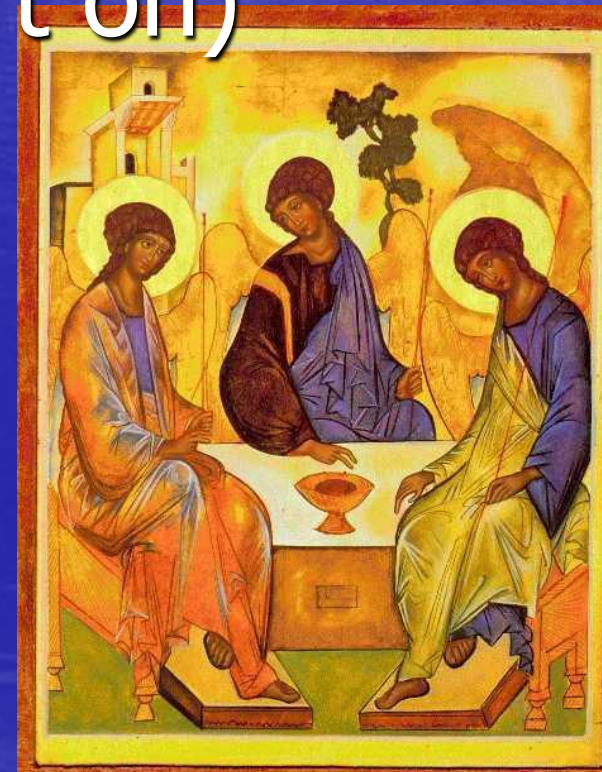
God in three persons; blessed Trinity!

Holy, Holy, Holy! Lord God Almighty

Holiness: Set apart for love...

It's Personal

- Love: The greatest virtue – it's about being connected personally
- "I believe" (set my heart on)
 - God the Father
 - God the Son
 - God the Spirit
 - The Church
- Believe in yourself?



Pope Francis



"Christianity isn't a philosophical doctrine, it isn't a guide to life for survival, for being well-behaved and for building peace. These are the results," he said.

"Christianity is a person,"

-Homily 4/8/14

Open Church *Do We Want to Become Holy? Yes or No?*

- “A closed church betrays its own identity”



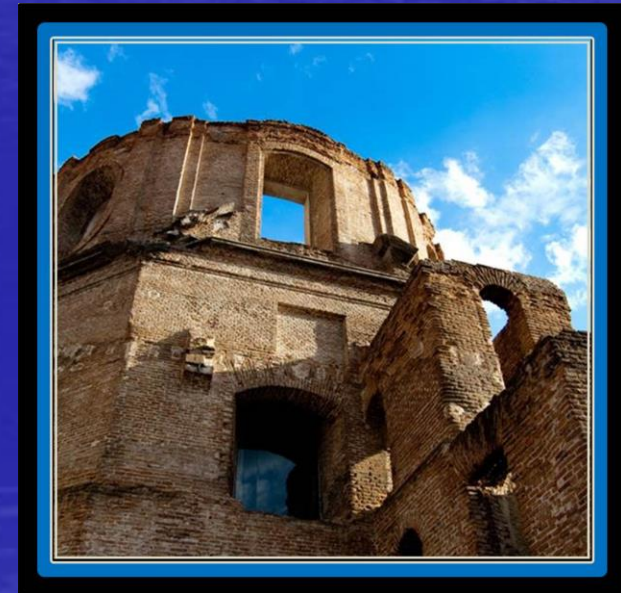
- “What happens if we step outside ourselves? ...an accident. But I tell you, I far prefer a Church that has had a few accidents to a Church that has fallen sick from being closed.” -Pope Francis

The Church is like Popping Corn

- Kettle – A Church Building
- Electricity – The Power of God Surging through the Sunday Liturgy
- Oil – Symbol of the Holy Spirit
- Kernels – The People
- Water – Baptismal Grace
- Fan – Spirit Moving Us Together
- Popped Corn – Eucharistic Food for the World



The Experimental Home



Harvard 75-Year Study What Makes People Happy?



1. Love is the strongest key to happiness.
2. Loving your career is more important than the money you make or the power you have.
3. Don't give up on your pursuit of happiness.
4. Connection is a key to happiness.
5. Overcoming challenges builds happiness.

Love is the Primary Mark of a Christian

“God will judge us on our love, especially love for the weakest and the neediest.”

–Pope Francis

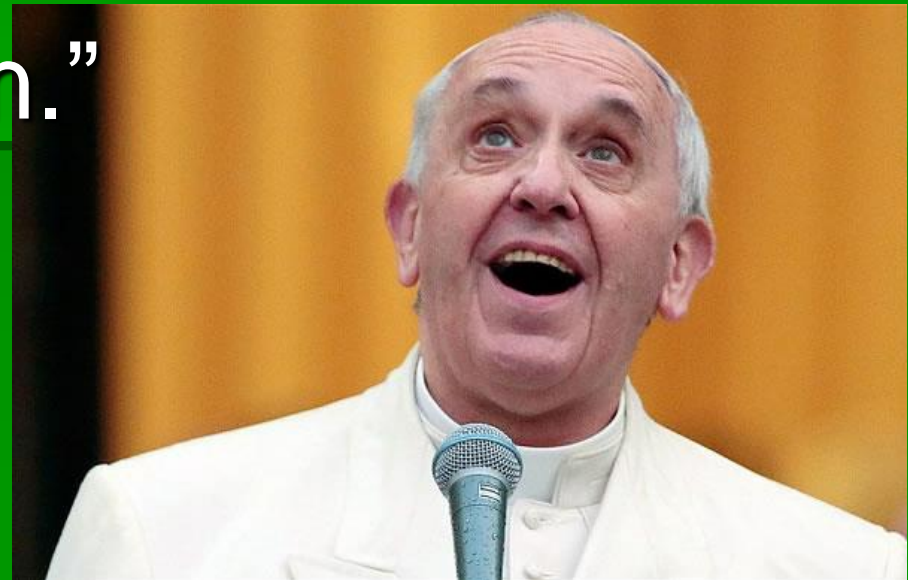


Spirituality:

The path to holiness

“The layperson must be a layperson.... The function of the layperson cannot be exercised by the priest, and the Holy Spirit is free; sometimes it inspires a priest to do something, and at other times it inspires a layperson.”

Pope Francis
3/22/14



Lay Spirituality:

Identifying the common (ordinary, messy & even chaotic) practices of daily living and doing them with love.

I AM _____

One key relationship

One routine in that relationship is...

One expressed need related to that routine...

How I can meet that need...

I AM a husband

One key relationship

My wife, Debbie

One routine in that relationship is...

Bedtime

One expressed need related to that routine...

Some sign of affection before bedtime

How I can meet that need...

Back Rub

Snuggle

I AM a husband

One key relationship

Debbie, my wife

One routine in that relationship is...

Scheduling (coordinating our schedules)

One expressed need related to that routine is...

Sharing calendar details and stories

How I can meet that need...

- Share my work calendar monthly
- Talk about the details of my day with her daily
- Share how I feel about my work

Homework

Bring an item from home that you use routinely. The item should be common and something, or be related to something, that is meaningful to you.

Should Remind & Challenge!



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